



APPLE CINNAMON GRANOLA

10 min
Prep Time

35 min
Cook Time

45 min
Total Time

Ingredients

- 3 1/2 cups [rolled oats](#)
- 3/4 cup unsweetened applesauce
- 1/3 cup [maple syrup](#)
- 2 tsp [cinnamon](#)
- 1/4 tsp [ginger](#)
- 1/4 tsp [cloves](#)
- 1/4 tsp [nutmeg](#)
- 1 tsp [vanilla extract](#)

Instructions

1. Preheat oven to 350.
2. Mix all dry ingredients in one [bowl](#). Mix wet into another.
3. Combine wet to dry until well mixed and then place onto a lined [baking sheet](#).

4. Bake for about 22 minutes.
5. Pull the trays out, stir everything around, and place back in the oven for another 15-17 minutes or until the granola looks crispy.

Notes

I usually eat mine with fresh berries and homemade [almond milk](#). This granola would also be good sprinkled over some vegan yogurt. I hope you enjoy it as much as I do.

<http://mywholefoodlife.com/2012/10/30/apple-cinnamon-granola/>