



THE FOLEY FOOD & WINE SOCIETY

WORLD-CLASS WINES. EXCEPTIONAL CUISINE. OUTSTANDING DESTINATIONS.

FFWS *Signature* APPETIZERS

Maine Lobster Cocktail with Champagne Dressing

by Executive Chef Carlo Cavallo

Impress your guests with an extravagant seafood cocktail, with a clever addition of sweet, tangy grapefruit. Rich and delicious, this salad is perfect with a summer steak dinner.

Pairing: Chardonnay

Servings: 6

Ingredients:

1 1/2 - 2 pounds of Maine lobsters cooked and cleaned (removed from shell)
1 bunch of chives, thinly sliced
1/4 cup of Champagne vinegar
3/4 cup of extra virgin olive oil
salt and pepper
2 grapefruits, peeled and segmented
2 boxes of heirloom toybox tomatoes (sliced lengthwise)
2 ripe avocados, cut into cubes
1 bunch of scallions, thinly sliced on a bias

Directions:

In a mixing bowl, add the chives and Champagne vinegar. Slowly whisk in the extra virgin olive oil to create an infusion dressing, salt and pepper to taste. Add 1/3 of the dressing to the lobster meat, In a separate bowl, add the grapefruit, tomatoes, avocado and scallions. Toss the ingredients with 1/3 of the dressing and place in six martini glasses. Top with lobster and drizzle with remaining dressing.